

North Reading Parks & Recreation

235 North Street,

North Reading, MA 01864

978-357-5216 or 978-664-6016 www.northreadingma.gov/parks-recreation







2017 Spring & Summer Programs

DISCLAIMER. Participating in recreational activities may cause high levels of laughter and fun. It may also result in unforgettable experiences and friendships. Recreation may be habit forming.





















Adult and Family Programs and special events

Teddy Bear Picnic

A true North Reading tradition continues. Bring your favorite Teddy Bear or stuffed animal to the picnic for a fun filled morning. Visit the nurses station to get teddy weighed and measured. If teddy is in need of repair, he will be stitched up with tender loving care! Enjoy face painting, crafts, games and more! Bring your lunch and a blanket and picnic on the grass with your teddy at morning's end. Pre registration is strongly urged. This program is generously sponsored by: PDA Dental Group Reading/Winchester

All children welcome Age:

Date: Wednesday, August 23rd /Rain date:8/24/17 Please check our website for rain cancellation

10:30 AM -12:00 PM Time: \$8.00/child

Location: Ipswich River Park Pavilion

Spring Adult Yoga Program

Yoga is a tremendous practice for quieting the mind while stretching and strengthening the body. The comfortable clothing and bring a mat, water bottle and a blanket or towel. 8 week session

Date: Wednesdays, April 26th —June 14th

6:30-7:45 PM \$90.00

Location: Flint Memorial Library Activity Room

Serving Tray / Chalk Paint

Thursday, May 11th

6:15-8:15 pm

Location: Brissonte, 161 Main St. NR

\$40.00

Spring wreath with Brissonte

wreath will provide the base. Learn how to arrange

faux flowers and greenery to create a truly beau-

Design and create a spring wreath. A grapevine

Hand painted Wooden Serving Tray - Enjoy a fun evening at Brissonte and paint a wooden serving tray with Chalk Paint(r) by Annie Sloan. You will learn how to use Chalk Paint(r) and Annie's Clear Wax. Adding a stencil to your tray will create a one of a kind piece!

Thursday, June 1st 6:15-8:15 PM \$40.00

tiful arrangement.

Date:

Time:

Location: Brissonte, 161 Main St. Adult Pottery Workshop



Adults here is a great opportunity to get out once a month to try something new at a great cost! Try one or all! All sessions are held from 6:30-8:00 PM at Look What I Made located at 4 Lowell Street, NR.

Special Prices are for NRP&R customers.

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Tues.	4/4	Spring Tree Tray	\$50.00
Thurs.	4/27	Board Art Picture Holder	\$45.00
Tues.	5/9	Watermelon Bowl	\$40.00
Tues.	6/6	Rustic Flag Plate	\$55.00
Wed.	6/14	Board Art Grill Utensil Holder	\$45.00
Tues	7/11	Doodle dots beach platter	\$45.00

We encourage residents of varying abilities, disabilities to participate in our programs. If you require an accommodation, please call the office prior to the program.

Martins Pond Children's Fishing Derby

Sat, June 24th. 8-11 AM-Clarke Park, North Reading. Sponsored by Martins Pond Association and Wildside Bass Club. Free lunch to follow, for kids 16 and under, free hat for first 75 registrants! The rules: you must register at the Park by 9:30 AM. Registration is free. Shore fishing only. Trophy for Best Catch of The Day. Trophies for winner of age class by weight, Prizes for 1st & 2nd runner up. One prize/pp . Bring a Bucket!

Sponsor A Child:

Do you want to help? We accept donations to send a child to a Recreation program. We try to help whenever we can, but with limited scholarship funding and increasing demand for scholarships we cannot fund all requests. Your generosity could make a difference in a child's life.

movements are slow and gentle as we move into each pose with awareness and attentiveness. Combining breath and movement, yoga creates a place of stillness and centeredness within. Although it is an ancient practice, yoga is a wonderful method of reducing the stress of modern life. Wear loose

Adult Summer Boot Camp

This popular interval class mixes calisthenics and body weight exercises with cardio and strength training. Pro gram is designed to be different all the time and push participants harder than they would push themselves. Although instructors will push like drill sergeants, our goal is to offer encouragement and have tons of fun. Prepare for high intensity training! 8 week session

Dates: Tuesdays and Thursdays June 27th - August 17th

5:30-6:30 AM \$120.00/pp Cost:

Location: Ipswich River Park Pavilion

Adult/Family First Aid and CPR

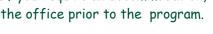
N.R. Parks and Recreation and N.R. Police Department have joined forces to bring first aid and CPR to the community. The program is taught in a very relaxed atmosphere where it is easy for everyone to learn and pass certification. Participants must attend both nights to be certified. 2 night session

Participants must be 16 yrs. or older. Monday and Wednesday, June 19th and June 21st Dates:

Time: 6:00 PM -9:00 PM

Cost: \$60.00

Location: Henry Purnell Room at N.R. Police Station







Pre-School Programs









Pee Wee Soccer

Join your friends and our coaches for the popular sport of soccer. Enjoy non-competitive group play including shooting, dribbling, passing and skill related games. 8 week session

Ages: 3-6 years Session 1

Date: Mondays, April 24th—June 19th

No program 5/29

12:45-1:30 PM Time:

Session 2

Tuesdays, April 25th—June13th Date:

12:45-1: 30 PM Time: Session 3

Date: Wednesdays, April 26th—June 14th

9:30-10:15 AM Time:

Location: Town Hall Field/Gym

NOTE: Sessions 4-7 are offered on Saturdays. See Saturday Programming column.



Tumbleweeds

Come play in our tumble room at our bright & clean facility. Kids will enjoy wall to wall mats, bridges, tumble wedges and more! Play with a parachute, jump on a mini trampoline or balance on a beam to learn motor skills and coordination.

8 week session.

2-3 years w/adult Ages:

Tuesdays, April 25th—June 13th Date:

9:30-10:15 AM Time: \$72.00

Location: Recreation Center at Ipswich River Park

Wiggles & Giggles

If your tots have a hard time sitting still, this is the place you'll want them to be. Kids will

have fun at get-acquainted time and then settle into interactive songs and play. Marching bands, finger play, and dance are only a few of the many activities they will experience.

8 week session.

18 months—3 years w/adult Ages: Thursdays, April 27th —June 15th Date:

9:30 -10:15 AM Time::

\$72.00 Cost: Location: Recreation Center at Ipswich River Park

Bitty Bouncer

This course will have your tot bouncing to a new program each week! Your tot will bounce weekly to a new program from Music and Movement to Cooking, crafts and cook n book as well as gym fun and Tumble! So much fun squished into eight weeks!

Ages: 18 months -3 years w/adult Wednesdays, April 26th—June 14th Dates:

9:30-10:15 AM Time:

Location: Recreation Center at Ipswich River Park



Small Fries Cooking

A hands on fun cooking class where kids learn to measure, stir and cook kid friendly recipes. Each season

has new recipes! Outline includes some seasonal/holiday cooking! Kids will make their own creation to taste and take home. (Please note: Although we do not generally use nuts in our recipes, our programs are not designed to handle food allergies. 8 week session.

Aaes: 4-6 years

Dates: Thursdays, April 27th—June 15th

Time: 12:45-1:45 PM Cost: \$72.00

Location: Recreation Center at Ipswich River Park

Little Tikes Hike

Do you like bugs, plants, birds and the outdoors? Come hike the woods, along streams & ponds while learning

about hiking safety. Gather items from nature in a scavenger hunt, make a bird feeder or trail mix! Each hike will include a special event. Explore the exciting AVIS trails all within minutes from your home! All hikes simple enough for toddlers and their caregivers. 5 week session

Ages: 2 years and older w/adult

> (Younger siblings welcome, but are the complete responsibility of parent and will not receive supplies)

Fridays, May 5th—June 9th

No Program 5/26

Time: 10:00-11:00 AM Cost: \$45.00

Dates:

Location: Group meets weekly @ designated N.R. locations.

Little Spuds Cook n Book

Books come to life through creative cooking! This program will have young tots and their caregivers joining us weekly for a fun, hands on cooking class that will revolve around a different children's book each class. Anything from Letter Pretzels with Chick a Chick a Boom Boom to Pink pig cookies when we visit Give a Pig a Pancake! Kids will have fun rolling dough, mixing, sprinkling and messing up our kitchen instead of yours! 6 week session.

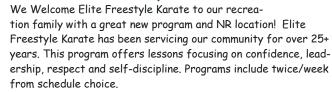
Ages: 2 - 4 years w/adult

Date: Mondays, April 24th—June 5th

No program 5/29 Time: 9:15-10:15 AM Cost: \$54.00

Location: Recreation Center at Ipswich River Park

Martial Arts by Elite Freestyle Karate



3-4 Dragons T/Th.2:45

5-6 Tigers M/W 3:15, T, Th. 5:30 Sat.12:00 7-11 Youth, 12-15 Teens see website for times

Dates: May 8th—June 17th

See schedule on our website for times

\$79.00 includes uniform and two classes / week Location: NEW LOCATION 265 Main St. North Reading. Full schedule & times offered on P&R website



SATURDAY PROGRAMS

GPS Juniors Soccer

'Our expert staff will take players through games that introduce movement skills, and Soccer FUNdamentals, using a variety of techniques and age appropriate equipment in a fun and exciting environment. 7 week session

Session 4

Time: 9:00-9:45 AM

Session 5

10:00-10:45 AM Time:

Session 6

11:00 -11:45 AM Session 7

12:00-12:45 PM Time:

Ages: 3-6 years Saturdays, April 29th—June 17th Date:

No program May 27th

Location: Recreation Center at Ipswich River Park/Meadow



Special Needs Programming

Challenger Baseball

Adaptive baseball/softball for kids with special

needs.

5-18 years old (boys & girls) Ages: April 30th through early/mid Jume Dates:

No program Memorial weekend Times: Sunday mornings 9-10:30am

Location: Benevento Field Little League Complex 247 Central Street, North Reading

\$20/player (covers hats, t-shirts, trophies) To Register: Visit <u>www.nrll.org</u> and select Challenger Division All field usage and equipment donated through NRLL

Contact Info: Chris Hanson - Challenger Division Director 781-439-9031 cell Chrishanson2925@gmail.com

TOPSoccer

A modified version of the game of soccer de-

signed to provide opportunities for children with physical, cognitive or other challenges. Offering fun, fitness and self esteem for children with special needs. Each player is paired with a Buddy!

Dates: April 15th - June 3rd No program Memorial weekend. Times: Saturday afternoons, 4:00 - 5:00 PM Location: Ipswich River Park, 15 Central St, North Reading \$25/player (covers shirt, socks and ball) For more info and to Register: TOPS@nrys.org



J. Steven Tonelli, D.M.D., P.C. Mark G. Webster, D.D.S., P.C. Brian J. Crowley, D.M.D. Andrew S. Tonelli, D.M.D.

205 Main Street, North Reading, MA 01864-3104 (978)664-3141 www.dhconcepts.com

Our Purpose is:

To help people achieve the highest level of well-being personally appropriate for them. To unconditionally commit to excellence in our personal and professional service. To accomplish this with the highest degree of care, Kindness and comfort, thus enhancing the quality of your lives and our own.



Vacation Week Programs

Swing into Spring w/Junior Golf

Our popular Hillview Country Club golf lessons are back for April Vacation. Kids will learn from HCC Golf Pro, Chris Carter and his staff. They will teach kids the fundamentals of golf. Kids get on the course to play on the last day. Clubs provided if needed.

Ages: 9-13 years

Date: Tuesday, Wednesday, Thursday-April 18, 19, 20,

Time: Cost: \$95.00 Location: Hillview Country Club

Vacation week Pottery

Join us for 2 days of pottery painting fun! Complete 2 great projects: a Pokemon or Emoji plate & mug set & a plaque for Mother's day. Learn cool painting techniques including dots and paper masking. Plates will be glazed and fired to make them food safe.

5-12 years Ages:

Tuesday and Thursday, April 18th & 20th Dates:

10:00 AM-12:00 PM

Cost: \$60.00 (special price for Recreation customers!) Location: Look What I Made-4 Lowell Rd, North Reading

Wicked Cool Vacation programs

Wild World Safari

Explore the wacky world of nature. Take a look at some of your favorite wild animals and determine if they are predators or prey. Learn to identify track patterns and compare animals in the wild to domestic pets. Creep with big cats and lope like coyotes. Explore extreme habitats like melting glaciers and learn about our planet's natural resources. Experiment with lenses and prisms to find a rainbow. See below for pricing and details.

Science Gadgets & Contraptions

We'll experiment with classic moving gadgets and learn how to design terrific twirling toys. Create cars that move with magnets and race around a track. Conquer kinetic energy with wind-ups and rubber band-powered

WICKED COOL PROGRAMS:

Ages: Dates:

Tuesday—Friday April 18th-21st *Wild World Safari: 9:00 AM-12:00 PM Time: *Science Gadgets & Contraptions: 1:00-4:00 PM

\$162.00 /either half day program

\$244.00 /full day both programs w/supervised lunch

Location: Recreation Center @ IRP

Global Premier Soccer

Whether you are looking for an introduction to the game or just want to keep sharp for the new season, GPS provides a range of programing suitable for all levels of playing ability in an enjoyable and challenging environment. Players learn new skills, develop existing moves, and more importantly, have lots of FUN! Register today @ www.gpsvacationprograms.com.

Dates: Tuesday - Friday, April 18th -21st

Location: Ipswich River Park

GPS Juniors: 3-6 yrs old, 9 - 11 AM, Cost: \$110.00 Technical Training: 7-14 yrs old, 9 AM - 1 PM, Cost: \$150.00 Technical Training: 7-14 yrs old, 9 AM - 3 PM, Cost: \$205.00

Youth Programs Spring

Wicked Cool Lego Machine Power

WC Lego programs teach basic engineering concepts, problem solving and teamwork by playing and building with LEGO's. Machine Power looks at the uses of energy to power machines. We investi-

gate wind power design, flywheels, gears, pulleys and cams as we build land yachts, cars and walking mechanisms. 6 wk. sess

Grades 1-5 Ages:

Dates: Tuesdays, May 2nd—June 6th

Time: 4:00 - 5:00 PM \$125 00 Cost:

Location: Recreation Center at IRP

Empire Boxing

Local resident and boxing coach Ryan Scottron returns for another great session. Ryan has over 10 years experience coaching and is a former D-1 football player. Boxing improves the body and the mind and is a safe sport when done properly. Students will learn basic boxing techniques, form, conditioning, power, speed, timing, coordination and balance using protective shields, pads, mitts & heavy bags.

Grades 1-8 Ages:

Saturdays, April 29th—June 24th Dates:

no program 5/27 11:00 AM-12:00 PM Time:

\$150.00 new students (includes gloves) \$120.00 returning students (no gloves)

Location: RMA Fitness facility, 1 Burlington Ave, Wilmington

Youth Programs Spring cont.

Shake it up Café!

Kids will have a blast in this course that mixes up all kinds of fun in the kitchen! Wk. 1 kids will work together to make a fun breakfast with Nutella French toast roll ups! Wk. 2 celebrates Cinco de Mayo with

Mexican cookies and tacos! Wk. 3 is spring flower power week! Wk. 4 is a celebration of summer. Wk. 5 is all about the red white and blue with a Memorial Day surprise! Wk. 6 wraps it up with a fun measuring craft & trail mix. 6 week session

Session 1: Grades K-5 Ages:

Dates: Wednesdays, April 26th- May 31st

4:00-5:00 PM

Session 2: Ages:

Time:

Grades 6-8

Thursdays, April 27th-June 1st Dates:

Time: 3:00-4:00 PM \$65.00 Cost:

Location: Recreation Center at Ipswich River Park

Track & Field Program

NRHS Varsity Coach, Sotirios Pintzopoulos returns to run this popular program. Each afternoon will consist of expert instruction followed by competition. Instruction to include event rules, proper techniques, safety and insights into gaining the competitive edge. Daily competitions with timings and measurements. Last day the program concludes with an open competition and awards.

7-14 years (kids are grouped by age) After school, Monday, Tuesday, and Wednesday

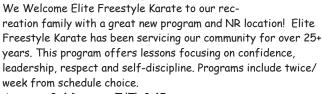
June 12th, 13th and 14th Tuesday, Wednesday and Thursday

June 20th, 21st and 22nd. 3:45-5:45 PM

Time: Cost: \$60.00

Location: Arthur J Kenney Turf field complex @ NRHS

Martial Arts by Elite Freestyle Karate



3-4 Dragons T/Th.2:45

5-6 Tigers M/W 3:15 T, Th. 5:30 Sat.12:00 7-11 Youth, 12-15 Teens see website for times

Dates: May 8th—June 17th

See schedule on our website for times \$79.00 includes uniform and two classes / week Cost: Location: NEW LOCATION 265 Main St, North Reading

FULL SCHEDULE OF PROGRAM TIMES OFFERED ON OUR WEBSITE @

WWW.NORTHREADINGMA.GOV/PARKS-RECREATION

Enrichment and Summer Programs

Wicked Cool Vet School Do you dream of becoming a veterinarian? Grab your lab coat, animal lovers, as we learn about our

favorite furry, flying and fishy friends! Make amazing animal models, build big bones, and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians, and fish. End the week with a featured visit with a live animal.

Entering grades 1-5 Ages:

Monday -Friday August 15th-19th Dates:

9:00 AM-12:00 PM Time: Cost:

\$205.00 * see discount offer below!

Location: Recreation Center at IRP

Wicked Cool Maker Shaker Workshop

Get shakin' with the maker movement. This DIY based workshop lets you complete challenging building kits and re purpose items using the engineering and design process to dream up something new, useful, fabulous or just plain fun.

Create a motorized squiggly pen and a toothbrush robot! Be an expert maker and design something amazing that you create using Wicked Cool supplies.

Entering K-5 Ages:

Monday-Friday, August 14th -18th Dates;

1:00-4:00 PM

Cost: \$195.00 * see discount offer below

Location: Recreation Center at IRP

*SPECIAL DISCOUNT OFFER—sign up for both AM Vet school & PM Maker Shaker together with supervised lunch break for a discounted price!

Cost:\$325.00 You save \$75.00!!!



Wicked Cool Dig Big!

Paleontologist? Geologist? Archeologist? You'll dig our biggest "in the dirt" week yet! Unearth the secrets of ancient Egypt to see how Pharaohs were buried and then make your own mini mummies. Create colossal fossils and learn about our favorite dinosaurs as we travel back in time. Dig up a cool crystal collection to take home as you excavate Earth's buried treasures.



Entering grades K-5 Ages:

Monday-Friday, July 24th -28th Dates:

1:00-4:00 PM Time: \$195.00 Cost:

Location: Recreation Center at IRP

Jr. Summer Golf Lessons

Kids ages 9-13 years come together with Hillview's golf pro, Chris Carter, and his staff to learn the fundamentals of golf. Everyone will have fun while learning grip, stance, set-up, swing and much more. One day of class will be played on the golf course. Clubs provided. 3 day session

Ages: 9-13 years 9:00-11:00 AM Time: Cost: \$95.00 Location: Hillview Country Club

Session 1:

Date: Tuesday, Wednesday and Thursday

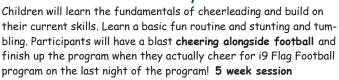
July 11th, 12th, 13th

Session 2:

Tuesday, Wednesday and Thursday

August 8th, 9th, 10tj

Recreation Cheer 4 Fun Pee Wee & Elementary



Tuesday, July 11th—August 8th Date:

Session 1: Pee Wee Cheer 4-6 years Ages: 5:30-6:15 PM Time: \$45.00 Cost: Elementary Cheer Session 2: Entering grades 1-5 6:30-7:30 PM Time:

Cost: \$54.00 Arthur J Kenney Turf Field Complex @ NRHS

Cheering is taught by N.R. resident, Nichole Fortin, a former HS and College cheerleader who has enjoyed coaching today's youth for over 10 years in both recreational and All Star Cheerleading.

Global Premier Soccer

Whether you are looking for an introduction to the beautiful game or just want to keep sharp for the new season, GPS provides a range of programing suitable for

all levels of playing ability during the vacation periods in an enjoyable and challenging environment. Players will learn new skills, develop existing moves, and more importantly, have lots of FUN!! Register today @ www.gpsvacationprograms.com.

Session 1:

Monday—Thursday, July 17th—20th Dates:

Session 2:

Ages:

Monday—Thursday, August 21st—24th Dates:

GPS Juniors: 3-6 yrs., 9 - 11 AM, Cost: \$110.00 Technical Training: 7-14 yrs., 9 AM - 1 PM, Cost: \$150.00 Technical Training: 7-14 yrs., 9 AM - 3 PM, Cost: \$205.00

Location: Ipswich River Park

Look What I Made Summer Creativity

Look What I Made is offering pottery programs throughout the summer! We will explore and work with a variety of mediums including pottery painting, glass fusing, canvas painting and clay hand building. Each day we will complete a different project in a new medium. Some sample projects include animal picture holder, cupcake stand, tic tac gnome and a monster box! Call for full details.

7-12 years Dates: Tuesday- Friday S#1 7/11-7/14

S#2 7/18-7/21 7/25-7/28 S#3 S#4 8/1-8/4 S#5 8/8-8/11 5#6 8/15-8/18 S#7 8/22-8/25

S#8 8/29-9/1 Time: 1:30-4:30 PM

\$135.00/week (special price for Recreation customers!) Cost:

Location: Look What I Made-4 Lowell St. North Reading



Summer Fun Continued

Challenger Sports British Soccer

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament! The Mini-Soccer Tots will

work on fundamental skill-building activities and have small sided games. The Half-Day Camp emphasizes upon individual skill development, core techniques and small sided games. The Full-Day Camp is a more advanced camp for serious players which focuses on game related techniques, tactical development and coached match play. Register through Challenger Sports

@www.registration.challengersports.com. Session 1 July 10th-14th Session 2 August 14th-18th

Mini soccer

4-6 years Ages: 8:00-9:00 AM Time: Cost: \$75.00

Half Day Soccer Camp

7—14 years (grouped by age & skill level) Ages:

9:00 AM-12:00 PM Time:

\$150.00 Cost: Full Day Soccer Camp

7-14 years (grouped by age & skill level) Ages:

9:00 AM-4:00 PM Time: \$200.00 Cost: Location: Ipswich River Park Pavilion

Rec. Youth Volleyball Summer Academy

North Reading Recreation is announcing its first Youth Volleyball Summer Academy. NRHS coaches and players will share their knowledge and enthusiasm for the sport they love to play. The Volleyball Academy will teach basic skills, as well as the more competitive side of volleyball. Groupings may be determined by level of play to allow for the most appropriate experience for all players. Get ready to bump, set, and spike your way

into this fun filled and competitive sport! Boys and Girls entering Grades 5-9 Ages:

July 31st-August 3rd Dates: 9:00 AM-12:00 PM Time:

\$125.00 Cost:

Location: NR High School Gymnasium

Boys Summer Basketball

Phillips Academy basketball coach, Terrell Ivory invites you to join us one night a week this summer for a great night of basketball. Kids will enjoy plenty of court time. Program will include some conditioning and skill work each night. 6 wk session

entering 3rd and 4th grade Time: 5:30-6:45 PM entering 5th and 6th grade Time: 5:30-6:45 PM entering 7th and 8th grade Time: 6:45-8:00 PM

Dates: Thursdays, July 6th - August 10th

\$60.00 Cost:

Location: Ipswich River Park Basketball Courts

Multi Sports with NSFF

This camp is designed for players to experience multiple sports in one week. Kids will play Soccer, Flag Football, Basketball & more. Kids learn basic techniques and teamwork. Each day will highlight a sportsmanship value for kids to focus on. Sportsmanship Awards will be presented on last day.

Dates: Monday—Thursday July 31st-August 3rd

Tot Multi

Cost:

Ages: 3.5-5 years 9:00-10:00 AM Time: \$60.00/Tots Multi Cost:

Elementary Multi

Ages: 6-10 years 9:00 AM-12:00 PM Time: \$120.00

Location: Ipswich River Park Pavilion

Night Flag Football League

Every Tuesday this summer, NRP&R & North Shore

Flag Football are running a flag football league and developmental program. Flag Football is a fun, non contact game to keep your kids outside and active through the summer. Kids receive a t-

shirt and a flag belt! 5 wk. program Session 1 Ages: 5-10 years, boys and girls

(Grouped by U-6, U-8, U-10 or skill level)

Time: 5:30-7:00 PM

Session 2 Ages: 11-14 years, boys and girls Time: 7:00-8:30 PM Dates: Tuesdays, July 11th—August 8th

Location: Arthur J. Kenney Turf Field @ NRHS

Recreation Cheer 4 Fun Clinic

Children will learn some cheers, a dance and basic tumbling and stunting. The children will also decorate and make their own cheer bow. The last day children will receive a t-shirt and perform all that they have learned. High school cheerleaders to assist in the program .

Entering grades K-5 Ages: July 31st-August 4th Time: 9:00 AM-12:00 PM

\$120.00 Cost:

Location: Ipswich River Park Pavilion

BERT HAMMEL HOOP TOWN

This program has just been added to our summer line up! Bert was a college coach for 36 years and is bringing his talents to North Reading for two weeks this summer. This program focuses on skill

development for every level player as well as builds character and boosts confidence in a fun learning environment.

8-15 years Ages:

Dates: Session 1 Monday—Thursday -July 10th-13th Session 2 Monday—Thursday— July 17th-20th

Time: 9:00 am-2:00 pm

Location: North Reading high School Gymnasium

\$240.00/session

Field Hockey Clinic

Merrimack College Girls Field Hockey players are excited to invite you for four days of skill building, teamwork, good sportsmanship, and fun! Program promotes commitment, collaboration and positive attitudes! New players are encouraged & welcome! Every participant should have a mouth guard, shin guards and stick. Limited sticks available.

entering 4th-entering 9th grade (Grouped by age & skill level)

Monday, August 7th-Thursday, August 10th Dates:

Time: 9:00 AM-12:00 PM

Cost: \$110.00

Location: Arthur J. Kenney Turf Field @ NRHS

Softball with RAMS

This softball camp will focus on all aspects of the game. Our instructors include Head College Softball Coaches and the RAMS Athletic Complex staff. As always we will have a low player to coach ratio.

7-14 years Ages:

Dates: July 18th-21st (Tuesday-Friday)

Time: 9:00 AM-12:00 PM,

Cost: 120.00

Location: *NRHS Fields, meet at turf complex

RAMS Sports Program

N.R. Recreation and the R.A.C. teamed up to offer a safe, encouraging, positive environment for kids to learn how to

play their favorite sports while having fun. Session 1 — Tuesday—Friday, August 8th-11th Dates: Session 2 — Tuesday—Friday, August 22nd-25th

9:00 AM-12:00 PM

Mini Rams T-Ball, Kickball, Soccer and more

Ages: 4-6 years Cost: \$120

Jr. Rams Baseball, Kickball, Soccer and more

Ages: 7-10 years Cost: \$120

*Ipswich River Park Pavilion

*Inclement weather—All RAMS Programs will be held at RAMS programs @ Rams Athletic Complex, 23 Concord St, North Reading.





Important Note:

Challenger programs requires a recent physical submitted prior to the start of the program.

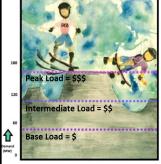
Children must bring snacks and/or lunch to all programs.

Please remember sunscreen and water bottles.



Did you know that about 25% of your electric bill is determined by the level of energy consumed during one hour of the year? This hour is known as peak demand. Reducing peak demand will result in future cost savings for you, the customer!

Here's how you can help!



Sign up for email alerts at RMLD.com or follow us on Twitter (@ReadingLight). When peak demand is predicted, we'll email and tweet. Then, take simple steps to conserve energy during the predicted peak demand hour.

Learn more at www.RMLD.com



- #10 Producing Team Companywide in Sales Volume
- #3 Producing Team in Massachusetts in Sales Volume
- #2 Producing Team in Massachusetts in Closed Units
- 76 Homes Sold, \$45,854,002 Sales Volume

THE DEBORAH LUCCI TEAM WAS HONORED WITH THESE DISTINGUISHED AWARDS.

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Kid Connection

Summer 2017 Monday—Thursday Location: Recreation Center at Ipswich River Park 5 Central Street 8:30 AM-12:30 PM

Children bring a snack and lunch daily and will enjoy lunch in the park! June 26th—August 10th No program July 3rd & 4th.



Week	Dates	Theme	Description
Week one	June 26th-29th	Camp Out	Kids will put up a tent, go on a nature walk, make trail mix and nature bracelets and even go on a bear hunt this week!
Week two	July 5th-6th	Wacky Winter	Mitten match up, snowflake craft, snowflake treats and ice cube fun! So much cool fun in the hot summer!
Week three	July 10th-July 13th	Silly Science	Send your little scientist our way! Lots of colorful, exploding, oozing fun to enjoy this week.
Week four	July 17th-20th	Books Alive!	What fun we will have when books come to life this week with games, recipes, crafts and songs each day.
Week five	July 24th-27th	Space Invaders	Rockets will be launching and Aliens will be landing at Kid Connection this week! Join us for an out of this world experience!
Week six	July 31st-August 3rd	Jungle Safari	Cross the Alligator swamp, pin the banana to the monkey, make a snake and a parrot, play animal tag,
Week seven	August 7th-10th	Fun at the Farm	Plant seeds, make fingerprint sheep, haystack snack, piggy pancakes, play round up the pigs, Herd your animals and sack races!

<u>Costs</u>

\$35.00 per day

Great discount for pre-registering for entire week in advance.

* \$125.00/week

No transfers/refunds/credits

One time Registration Fee: \$20.00 prior to June 1st \$25.00 as of June 1st

child must be registered by Friday prior to program to receive discounted price. Office closes at 1 pm on Fridays.



This 4-day week (Monday-Thurs) is designed for potty trained pre-schoolers through those just entering kindergarten in the fall, who are ready to try a variety of activities without parents. Enjoy our air-conditioned newly painted and carpeted Rec Center! Every week includes outdoor play, theme projects, games, kitchen time, crafts and so much more! Please send children with a snack and drink and a lunch each day. Children will picnic in the park weather permitting. Inclement weather we will lunch indoors. This program remains on site for all sessions.

- Apply sunscreen prior to program!
- Pack snack daily
- Pack lunch daily





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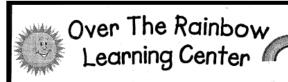
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Interested in being a **Counselor** in training or a Jr. Counselor in training?

See pg. 6 for details



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*Full-time Child Care for infants and toddlers *Full-time Preschool, pre-K and kindergarten Morning Preschool Session 8:30-12:30 for ages 2.9 · 4 years old

> 6 Washington St., North Reading 978-664-6844



SummerScape 2017

Location: L.D. Batchelder School 9:00 AM-3:00 PM Monday-Friday

June 26th—August 11th * Rain or Shine *No program July 3rd & 4th





Mondays will offer a fun filled day of sports and opportunities to go to Ipswich River Park for some **Every Monday is Sports Day** sports and playground fun!

Every Tuesday is Theme Day Theme day is a day of themed fun! Dress for scheduled theme and earn a camper coin!

6/26-6/30 Week 1 Oozy Slimy Sticky Dress messy and silly today. What better way to start summer than with a ton of messy fun! Can you imagine the games we will play with pudding? Shaving cream? Whip Cream? Make slime and floam!

*7/5-7/7 Week 2 Candy Land Dress bright or candy themed. This day is all candy themed! Human Pinata! Candy crafts and relays! (No program 7/3,7/4, Theme will be on Fri) LCR game with candy, minute to win it candy games! Today promises to be so SWEET!

Winter Madness Wear anything to do with winter! Mitten Mix up game, winter gear relay, Ice, Snowflakes, Snowman 7/10-7/14 Week 3

pancakes! Snowman wrap relay and lots of cold fun in the middle of July! Grab your boots and hats and gear up for a day of our favorite Gold Rush game complete with Staff-7/17-7/21 Week 4 Gone Country

bank robbers, sheriffs, search for gold (camper) coins, , hay search and Cattle wrangler game!

7/24-7/28 Week 5 Silly Science Calling all Mad Scientist! Grab your protective goggles and lab coats. Today will be filled with silly, fun, colorful and exciting science experiments! Today is sure to be explosive!

7/31-8/4 Week 6 Camp Out Put on your camping gear because we are going to set up a tent, make a crafty campfire, go on a nature

scavenger hunt and make trail mix!

8/7-8/11 Week 7 Game Show Dress in your favorite team gear and gear up for some fun game show games! Prizes and fun for all!

Every Wednesday is Field Trip Day A different trip each week! Trip and price list will be available prior to start of program.

Every Thursday is Water Day Wear your flip flops and bathing suits but be sure to bring change of clothes and sneakers.

Every Friday is Crazy Relay Day Crazy Relay Day! Be ready to get messy! Tons of slimy, foamy silly fun! Snack bar

Granola bars, crackers, gold fish, candy, chips, fruit snacks and more. Camper coins can also be used to purchase food or prizes at the snack bar.

Camper coins are back! Earn them by dressing in theme every Tuesday! Counselors will also award coins to participants every day for good deeds or behavior! Coins will be awarded at the end of the day at circle time

and can be spent at our snack/prize bar. What happens on a typical day at SummerScape?

9:00 AM -Kids arrive and enjoy free play stations. (playground, four square, basketball or craft)

9:30 AM -2:20 PM Participants will be divided by age groups and go to their first block of day. Each day has three blocks 90 minutes

blocks which could include crafts, science, sports and special events.

Snack and free play at playground or athletic fields 10:30 -11:00 AM Lunch and free play at playground or athletic fields 12:00—1:00 PM

2:15 PM Participants get back packs, crafts and any personal items and meet at circle time and enjoy all group game, camper

coins and next day announcements.

Important!

Items to remember for the day!

- **Snack and Lunch**
- **Bug spray**
- Sunscreen
- **Crazy clothes for theme Tuesdays!**
- Bathing suit, towel and flip flops on Thursdays
- **Earned Camper coins**
- Wear your camper shirts on Wednesdays
- Label everything!
- Reusable water bottles

Bumblebees-Participants entering first through third grade.



Hornets-Participants entering fourth through seventh grade.



COUNSELORS IN TRAINING

Become trained and gain skills in a Recreation Summer Playground program by enrolling to be a CIT. A limited number of registrants will be allowed each week.

Kid Connection

Monday - Thursday, 8:15AM to 12:30PM

Grade (entering) 8: Junior Counselor in Training \$25/wk \$30/wk Grades (entering) 9 & 10: Counselor in Training

Summerscape

Mon/Tue/Thur/Fri (No Field Trips) 8:45AM to 3PM Grade (entering) 8: Junior Counselor in Training

Monday - Friday, 8:45AM to 3PM (includes field trips) Grade (entering) 9 & 10: Counselor in Training

Registration Fee

One time/non-refundable per CIT Prior to June 1st As of June 1st \$25



You will shadow Counselors and Directors. This is a great experience for future job applications, employment interviews or on your college applications.

Before & After Care

Extended SummerScape hours are offered to those who need this additional service. Participants must be registered *in advance* for this

service and are dropped off/picked up at the program location. Participants can sign up for morning care, afternoon care or both.

Before and After care is limited to SummerScape campers only.

Here's a great idea!

Going to a half day Parks and Recreation or NR school run program in the morning? You can still join us after for the afternoon program for just \$15.00! Child MUST be preregistered to take advantage of this special offer. Ask us about transportation!

The SummerScape program goes on a field trip every Wednesday unless noted. There is an additional charge

above and beyond the daily fee for all field trips. Permission slips and payments are due the Monday prior to the trip. Late comers are welcome if space is available. There is no SummerScape program on site on Wednesdays.

<u>SummerScape</u>

\$150.00/Week, \$35.00/Day PRE REGISTERED:

WALK IN: \$35.00/Day (day of program office/on site)

> No transfers, refunds or credits \$20.00 prior to June 1st

REGISTRATION FEE: (RF: one time/non-refundable) \$25.00 as of June 1st

Our new prices are a reflection of the increase in minimum wage in Massachusetts. We always strive to offer family friendly pricing.

Before and After Care

Before After Both (7:30-9:00AM) (3:00-5:30PM) \$43.00 Weekly \$65.00 \$108.00 Daily \$10.00 \$15.00 \$25.00

Call 978-664-6016 for scholarship information. Scholarship deadline is June 1st. Applications after that date are considered if funds are available.



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TRIPS



Monday June 19th, Tall Ships



BOT Exclusive Package! Entertainment, meal and sail around the Tall Ships aboard the Provincetown II,. Boston welcomes crews and cadets from across the world as part of

the RendezOVous 2017 Tall Ships Regatta. The Tall Ships travel a 7,000 nautical mile journey with forty vessels visiting six countries. Boston is currently the only U.S. host city for this gathering. Trip includes transportation to and from Boston, entertainment, meal at Venezia Waterfront Restaurant and sail around the Tall Ships. (note, Provincetown II has 3 decks. boarding is middle deck, restrooms are on lower deck via stairway with handrails. No elevator) Cost: \$95.00/pp - Day trip

Thursday July 27th Gloucester Harbor Cruise and LobsterBake



Come aboard for a fabulous day out on the water on the Beauport Princess cruising historic Gloucester harbor. View extraordinary views seen only by water of the working waterfront, city's historic skyline, iconic Man at the Wheel statue, Rocky Neck Art Colony, the famous Greasy Pole, Americas' first lighthouses and more. During our cruise, dance to the music of national recording stars on one of the two Beauport Princess dance floors. Enjoy three full service bars, an open air top deck, comfortable indoor seating. Topping this cruise off is a Lobsterbake Buffet Menu with chowder, lobster, bbq chicken, corn on cob, potatoes, slaw and dessert! Includes transportation.

Cost: \$99.00 - Day trip

*A*ugust 12th—13th Red Sox vs Yankees / New York



Day 1—Depart to make our way to New York, stop at rest stop and arrive at Yankee Stadium to see the pre game warm-ups. Then enjoy all of the action from your main level reserved seat and watch Red Sox vs the Yankees. After game, head for Tarrytown NY and our hotel. Take some time to unwind and enjoy a great night of rest. Day 2—After included breakfast at hotel, we make our way to downtown New York City. Enjoy the very best of the Big Apple as your BOT tour Director points out some of the great sites as we make our way through Manhattan towards downtown and Battery Park. Once there we will take the ferry to Liberty and Ellis Islands. See Lady Liberty up close and personal with your included admission to the base of the statue. Then cruise over to Ellis Island where over 12 million immigrants entered the United States and enjoy time here to explore the museum and have lunch on your own. We will have a comfortable afternoon departure for a reasonable return time home from our adventure.

Cost: \$359pp Double Occupancy, \$459 Single Occupancy \$339 Triple Occupancy - Please note room will only have 2 Beds \$329 Quad Occupancy - Please note room will only have 2 Beds

Tuesday August 15th Lake Winnipesaukee Cruise



This fun day trip includes bus transportation to Lakes Region. a cruise on Lake Winnipesaukee aboard the Doris E. with scenic touring of the smaller islands, lunch at one of NH's landmark restaurants—Harts Turkey Farm in Meredith NH and finally a trip to Castle in the Clouds where you will enjoy a truly breathtaking view from this turn of the century sixteen room mansion perched high on a pristine 5,500 acre mountaintop estate overlooking Lake Winnipesauke. Cost: \$109.00/pp—Day trip

September 7th-11th Nashville and Memphis



Enjoy this long weekend with Best of Times as they experience history, heritage and culture in Nashville & Memphis IN. **Day 1-**Depart Boston

head to Memphis. Enjoy a riding tour of Memphis. Later in afternoon arrive at Sheraton Hotel downtown. Enjoy dinner in one of Memphis' famous restaurants and the fun and excitement of famous Beale Street! Day 2-After a terrific buffet breakfast at hotel we will put on our blue suede shoes for a visit to Graceland, the home of Elvis Presley. Enjoy lunch on your own. Then we depart to Nashville and have dinner at the famous Wildhorse Saloon. Enjoy a fabulous night on the town. Lodging for next 3 nights is at the Gaylord Opryland Resort. Day 3-Buffet breakfast, riding tour of city and Country Music Hall of Fame! Lunch and free time. That night enjoy a showboat dinner cruise down the river with stunning views. Day 4-Full breakfast then visit Ryman Auditorium, Historic RCA Studio B, backstage tour of Grand Ole Opry. Dinner will be at a great steakhouse and then on to reserved seats and the Grand Ole Opry for a show. Day 5-Breakfast and then home with incredible memories

Cost: \$1,799/pp double, \$2,099/single-Overnight trip Includes roundtrip airfare from Logan, roundtrip transportation to Logan, traveler's insurance, 4 nights lodging, 4 dinners, 4 breakfasts, BOT Tour Director.

Our Philosophy:

The philosophy of the North Reading Parks & Recreation is to down play the competitive approach to sports by instilling a positive attitude, confidence, and sportsmanship while emphasizing participation and teaching basic fundamentals. It is the goal of the North Reading Recreation Department to encourage all participants, coaches, instructors and parents to: Support and respect the coach, instructor and participants; Demonstrate what it means to play fair; Win or lose with grace and dignity; Encourage children during programs and keep comments positive; Leave coaching to the coaches; Parents must be a positive role model exhibiting sportsmanship, Refrain from yelling at your child and/or, other players by interrupting the flow of the program; That everyone has a positive and fun experience!



Park Street Vet/Bark n' Roll Reading Co-operative Bank bus transportation sponsored by: LUKE ROY of LJR ENGINEERING e is a \$3.00 per car event fee to support Ip Good Food, Ice Cream, Music, Dancing, Raffles, Friends & Fun. ~ Bring a comfy chair or blanket

PDA Dental Group

Reading Co-operative Bank

DISCOUNT TICKETS

- Showcase Cinemas \$9.50
- Six Flags \$39.00 (savings of \$14.99/child, \$24.99/adult)
- Water Country \$34.00 adult tix only (savings of \$5.99/pp)
- Canobie Lake Park. \$33.00. (savings of \$5.00)

Call Recreation @ 664-6016 or go online www.northreadingma.gov/parks-recreation for full details.

Ipswich River Park ~ 20th Anniversary Celebration Wednesday, June 21, 2017 Petting Zoo, Music, BBQ, Raffles & so much more! Check out website for up to date details www.northreadingma.gov/parks-recreation

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P & R Committee & Staff

Committee Members

Ron Kern, Chairperson Billie Luker, Vice Chairperson

Rita Mullin, Clerk Sergio Coviello, Patricia Fillmore, Rick Arington, Sheila Sturdevant



Lynne Clemens, Recreation Director Maureen Stevens, Operations Director/Dept. Head Marty Tilton, Parks Director Maria Brown, Department Secretary Mike Marciano, Parks Foreman Brian Auld, Parks Equipment Operator Rich Giordano, Parks Maintenance

General Information

Registration Info:

Registration cannot be processed without full payment. North Reading Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, to change the date, time or location for any program because of unforeseen circumstances.

Registrations are now being accepted:

- <u>In person</u> at the North Reading Parks & Recreation Office
- On Line at www.northreadingma.gov/parks-recreation
- Over the phone with Master Card, Discover or Visa

Program Cancellations:

All recreation programs will be cancelled when school is cancelled, delayed or has early dismissal in the event of inclement weather, scheduled closings or early dismissals and/or late openings. Cancelled sessions will be made up by adding classes at the end of the session.

Always check emails or website on inclement

weather days for cancellations prior to going to program. A \$10 administration fee will be charged for any program or bus trip cancellation by the participant.

All refunds are subject to a \$10.00 administration fee. Refunds are issued only in the following circumstances:

- If a program is cancelled by the Parks & Rec. Department
- On request for a medical reason and with written notification
- There are no refunds within 7 business days prior to program

Bus trips

Due to the nature and commitment of bus contracts, a refund will be granted to only registered individuals who cancel three weeks (40 days for overnight trips) prior to the date of the trip.

Bus trips that involve tickets to shows or performances: Ticket purchases are non-refundable unless they can be re-sold. Bus fees will be refunded if cancellation is made three weeks prior to the date of the trip.

PEDIATRIC | ORTHODONTIC | ADULT

OUR DOCTORS

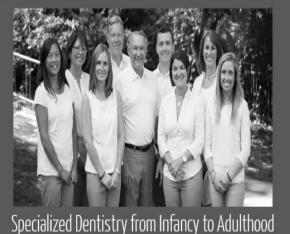
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Orthodontics

Shannon L. Duffy, DMD Carolyn J. Ferrick, DMD

Adult & Adolescent Dentistry Kimberly S. Weiss, DDS



OUR LOCATIONS

Winchester

955 Main St, #101 l: 781.729.1900 Winchester, MA 01890 F: 781.729.7102

Reading

20 Pond Meadow Dr, #202 T: 781.944.7799 Reading, MA 01867 F: 781.944.1804

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Always check emails or website on inclement weather days before heading out!

