

North Reading Parks & Recreation

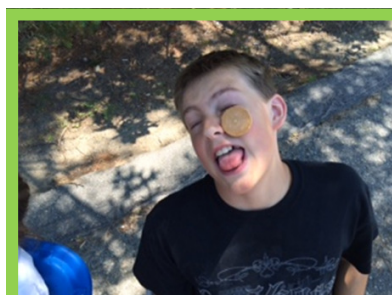
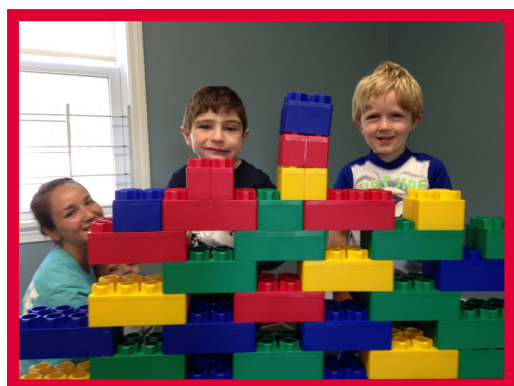
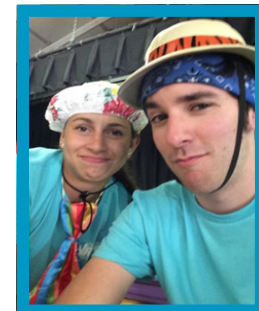
235 North Street,
North Reading, MA 01864

978-357-5216 or 978 664 6016 www.northreadingma.gov/parks-recreation



2016 Spring & Summer Programs

DISCLAIMER. Participating in recreational activities may cause high levels of laughter and fun. It may also result in unforgettable experiences and friendships. Recreation may be habit forming.



Adult and Family Programs and special events

Teddy Bear Picnic

A true North Reading tradition continues. Bring your favorite Teddy Bear or stuffed animal to the picnic for a fun filled morning. Visit the nurses station to get teddy weighed and measured. If teddy is in need of repair, he will be stitched up with tender loving care! Enjoy face painting, crafts, games and more! Bring your lunch and a blanket and picnic on the grass with your teddy at morning's end. Pre registration is strongly urged. This program is generously sponsored by : PDA Dental Group Reading/Winchester



Age: All children welcome
Date: Wednesday, August 24th /Rain date:8/25/16
Please check our website for rain cancellation
Time: 10:30 AM —12:00 PM
Cost: \$8.00/child
Location: Ipswich River Park Pavilion

Martins Pond Children's Fishing Derby

Sat, June 25th. 8-11 AM—Clarke Park, North Reading. Sponsored by Martins Pond Association and Wildside Bass Club. Free lunch to follow, For kids 16 and under, Free hat for first 75 registrants! The rules: you must register at the Park by 9:30 AM. Registration is Free. Shore fishing only. Trophy for Best Catch of The Day. Trophies for winner of age class by weight, Prizes for 1st & 2nd runner up. One prize/pp . Bring a Bucket!



Adult/Family First Aid and CPR

N.R. Parks and Recreation and N.R. Fire Department have joined forces to bring first aid and CPR to the community. The program is taught in a very relaxed atmosphere where it is easy for everyone to learn and pass certification. Participants must attend both nights to be certified. **2 night session**
Age: Participants must be 16 yrs. or older.
Dates: Monday June 13th and Wednesday June 15th
Time: 6:00 PM —9:00 PM
Cost: \$60.00
Location: Henry Purnell Room at N.R. Police Station



Women's Beginner Tennis Program

Ladies join our Local Tennis Pro for a beginners tennis program. Matt Tiberii has been teaching tennis to all levels from toddlers to adult, beginners to experienced for 17 years with Parks and Rec. His easy going personality makes it a pleasure to learn! Join others from your community in learning this life long sport. Must bring racquet.
6 week session
Dates: Thursday's, April 28th—June 2nd
Time: 9:30—10:30 AM
Cost: \$60.00
Location: Tennis Courts at Ipswich River Park



Spring Adult Yoga Program

Yoga is a tremendous practice for quieting the mind while stretching and strengthening the body. The movements are slow and gentle as we move into each pose with awareness and attentiveness. Combining breath and movement, yoga creates a place of stillness and centeredness within. Although it is an ancient practice, yoga is a wonderful method of reducing the stress of modern life. Wear loose comfortable clothing and bring a mat, water bottle and a blanket or towel.
8 week session
Date: Wednesdays, May 4th—June 29th
No program May 11th
Time: 6:30—7:45 PM
Cost: \$75.00
Location: Flint Memorial Library Activity Room



Adult Pottery Workshop

Adults here is a great opportunity once/month to try something new at a great Recreation cost! Try one or try them all!
4/5—Chalkboard Herb Planter Cost:\$35.00
5/3- Six Tile Tray Cost:\$55.00
6/14- Citrus Slice Platter Cost:\$55.00
7/12- Sweet Summer Cherries Bowl Cost:\$35.00
8/9 - Canister Set Cost:\$55.00



All Workshops are held 6:00—8:30 PM at Look What I Made located at 4 Lowell Rd, North Reading, MA. These prices are for registrants through NRP&R only.

Spring wreath with Brissonte

Join us for another wonderful night at Brissonte! Create and Design a Spring/Summer Wreath. Using an 18" grapevine wreath you will create a Spring/Summer wreath. You will learn how to artfully add silk flowers and greenery to create a one-of-a-kind wreath for your front door. Add a beautiful bow and "Voila".
Date: Wednesday, May 18th
Time: 6:15—8:15 PM
Cost: \$30.00
Location: Brissonte, 161 Main Street, Route 28, NR



Summer Sunset Cardio Tennis

Local Tennis pro, Matt Tiberii, will join us again this summer to bring his popular tennis course with a twist to North Reading. Learn tennis with a cardio workout and drill playing. You will love this class! This program is geared towards experienced tennis players. Matt, a USPTA Certified Instructor has been involved with our programs since 1998!
6 week session
Date: Wednesday's , June 29th—August 3rd
Time: 7:00-8:30 PM
Cost: \$90.00
Location: North Reading High School Tennis Courts



Adult Summer Boot Camp

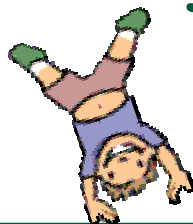
This popular interval class mixes calisthenics and body weight exercises with cardio and strength training. Program is designed to be different all the time and push participants harder than they would push themselves. Although instructors will push like drill sergeants, our goal is to offer encouragement and have tons of fun. Prepare for high intensity training!
8 week session
Dates: Mondays and Wednesdays June 27th—August 17th
No program July 4th
Time: 5:30—6:30 AM
Cost: \$120.00/pp
Location: Ipswich River Park Pavilion



Sponsor A Child:

Do you want to help? We accept donations to send a child to a Recreation program. We try to help whenever we can, but with limited scholarship funding and increasing demand for scholarships we cannot fund all requests. Your generosity could make a difference in a child's life.

Pre-School Programs



Pee Wee Soccer

Join your friends and our coaches for the popular sport of soccer. Enjoy non-competitive group play including shooting, dribbling, passing and skill related games. **8 week session**

Age: 3-6 years

Session 1

Date: Tuesdays, April 26th—June 14th

Time: 12:45—1:30 PM

Session 2

Date: Wednesdays, April 27th—June 15th

Time: 12:45—1:30 PM

Session 3

Date: Thursday, April 28th—June 16th

Time: 9:30—10:15 AM

Cost: \$72.00

Location: Town Hall Field/Gym

NOTE: Sessions 4 and 5 and 6 are offered on Saturdays. See Saturday Programming column.

Tumbleweeds

Come play in our tumble room at our bright & clean facility. Kids will enjoy wall to wall mats, bridges, tumble wedges and more! Play with a parachute, jump on a mini trampoline or balance on a beam to learn motor skills and coordination. **8 week session.**

Age: 2&3 years w/adult

Date: Wednesdays, April 27th—June 15th

Time: 9:30-10:15 AM

Cost: \$72.00

Location: Recreation Center at Ipswich River Park

Wiggles & Giggles

If your tots have a hard time sitting still, this is the place you'll want them to be. Kids will have fun at get-acquainted time and then settle into interactive songs and play. Marching bands, finger play, and dance are only a few of the many activities they will experience. **8 week session.**

Age: 18 months—3 years w/adult

Date: Mondays, April 25th—June 20th

No program May 30th

Time: 9:00 -9:45AM

Cost: \$72.00

Location: Recreation Center at Ipswich River Park

Bitty Bouncer

This course will have your tot bouncing to a new program each week! Week one-Tumble, Week two - Music and movement, Week three- Cooking, Week four-Soccer Week five - Gym fun, Week six—Craft time , Week seven—Cook n Book!, Week 8 - Teacher's choice! So much fun squished into eight weeks! **8 week session**

Age: 2-3 years w/ adult

Dates: Tuesdays, April 26th—June 14th

Time: 9:30-10:15 AM

Cost: \$72.00

Location: Recreation Center at Ipswich River Park

Small Fries Cooking

A hands on fun cooking class where kids learn to measure, stir and cook kid friendly recipes. Kids will make their own creation to taste and take home. Please note: Although we do not generally use nuts in our recipes, our programs are not designed to handle food allergies. **8 week session.**

Age: 4-6 years

Dates: Thursdays, April 28th—June 16th

Time: 12:45-1:45 PM

Cost: \$72.00

Location: Recreation Center at Ipswich River Park

Little Tikes Hike

Do you like bugs, plants, birds and the outdoors? Come hike the woods, along streams & ponds while learning about hiking safety. Gather items from nature in a scavenger hunt, make a bird feeder or trail mix! Each hike will include a special event. Explore the exciting AVIS trails all within minutes from your home! All hikes simple enough for toddlers and their caregivers. **5 week session**

Age: 2 years and older w/adult

(Younger siblings welcome, but are the complete responsibility of parent and will not receive supplies)

Dates: Fridays, May 6th—June 10th

No Program 5/27

Time: 10:00—11:00 AM

Cost: \$45.00

Location: Group meets weekly @ designated N.R. locations.

Karate for Kids

Try our introductory class and learn the fundamentals of Taekwondo. Kids will be introduced to a system based on a lifetime learning process in addition to technical martial arts skills. **6 week session**

Age: 3.5—12 years (Students will be grouped by age)

Date/Time: April 25th—June 4th

Monday, Tuesday, Thursday, 6:00-6:30 PM,

Saturday, 11:15-11:45 AM

Cost: \$84.00 (includes uniform)

Student may go as few as once/week or as many as four days/week for this great low price!

Location: ATA Black Belt Academy

197 Main Street (across from Jokers Wild)

Little Spuds Cook n Book

Books come to life through creative cooking! This program will have young tots and their caregivers joining us weekly for a fun, hands on cooking class that will revolve around a different children's book each class. Anything from Letter Pretzels with Chick a Chick a Boom Boom to Pink pig cookies when we visit Give a Pig a Pancake! Kids will have fun rolling dough, mixing, sprinkling and messing up our kitchen instead of yours! **6 week session.**

Age: 2 - 4 years w/adult

Date: Thursdays, April 28th—June 2nd

Time: 9:15-10:15 AM

Cost: \$54.00

Location: Recreation Center at Ipswich River Park

SATURDAY PROGRAMS

Pee Wee Soccer

Join your friends and our coaches for the popular sport of soccer. Enjoy non-competitive group play including shooting, dribbling, passing and skill related games. **7 week session**

Session 4

Time: 9:00—9:45 AM

Session 5

Time: 10:00—10:45 AM

Session 6

Time: 11:00—11:45 AM

Session 7

Time: 12:00—12:45 PM

Age: 3—6 Years

Date: Saturdays, April 30th—June 18th

No program May 28th

Cost: \$63.00

Location: Recreation Center at Ipswich River Park/Meadow

Weekend Wigglers

Tots and caregivers will have fun with puppets, instruments, song and dance and other interactive play as well as trying out our tumble wedge, balance beam and mini-trampolines. Your child will never stop moving and interacting! **7 week session**

Age: 1.5—3 years

Date: Saturdays, April 30th—June 18th

No program May 28th

Time: 9:00—9:45AM

Cost: \$63.00

Location: Recreation Center at Ipswich River Park




Special Needs Programming

Challenger Baseball

Adaptive baseball/softball for kids with special needs.

Open to players 5-18 years old (boys & girls)

Dates: May 1 through June 26 No program Memorial weekend

Times: Sunday mornings 9-10:30am

Location: Benevento Field Little League Complex

247 Central Street, North Reading

Cost: \$20/player (covers hats, t-shirts, trophies)

To Register: Visit www.nrl.org and select Challenger Division

Contact Info: Chris Hanson - Challenger Division Director

781-439-9031 cell

Chrishanson2925@gmail.com

TOPSoccer

A constructive and accommodating soccer experience for children with special needs. Open to players 4-19 years old (boys & girls)

Dates: April 16 - June 4 No program Memorial weekend.

Times: Saturday afternoons, 4:00 - 5:00 PM

Location: Ipswich River Park, 15 Central St, North Reading

Cost: \$25/player (covers shirt, ball, trophy)

For more info and to Register:

Visit www.nrys.org -> Programs -> TOPSoccer

Contact Info: Abby Lidoski - NRYS TOPSoccer Director

TOPS@nrys.org



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Vacation Week Programs

Swing into Spring w/Junior Golf

Our popular Hillview Country Club golf lessons are back for April Vacation. Kids will learn from HCC Golf Pro, Chris Carter and his staff. They will teach kids the fundamentals of golf. Kids will get on the course to play on the last day. Clubs provided if needed.



Age: 9-13 years
Date: Tuesday, Wednesday, Thursday- April 19, 20, 21
Time: 9:00-11:00 AM
Cost: \$95.00
Location: Hillview Country Club

Vacation week Pottery

Come join us for 2 days of pottery painting fun! We will be completing 2 great projects: a fun spring plate and a personal pizza plate.

You will learn all sorts of cool painting techniques including dots and paper masking. Once finished, your plates will be glazed and fired to make them food safe and ready to use.

Ages: 5-12
Dates: Tuesday and Thursday, April 19th & 21st
Time: 10:00 AM—12:00 PM
Cost: \$60.00 (special price for Recreation customers!)
Location: Look What I Made -4 Lowell Rd, North Reading



Global Premier Soccer

GPS provides a unique vacation program experience for players of all ages and ability levels.

Whether just beginning your soccer experience on our First Touch Program or as an elite player on our School of Excellence, we have the right program for you! Register today @ www.gpsvacationprograms.com.

Dates: Tuesday - Friday, April 19th -22nd
Location: Ipswich River Park
GPS Juniors: 3-6 yrs old, 9 - 11 AM, Cost: \$100.00
Technical Training: 7-14 yrs old, 9AM - 1 PM, Cost: \$140.00
Technical Training: 7-14 yrs old, 9AM - 3 PM, Cost: 195.00



Youth Programs Spring

Free Tennis Day!

Tennis Pro Matt Tiberii and a rep from Prince Tennis will host this fun day of tennis. Enjoy hitting for target, Serve for Target, Try Prince brand new 2016 line of racquets. Prizes and raffle for a pair of Prince Sneakers! Fun for all!

Ages: Elementary— Middle School
Date: Thursday, June 23rd
Time: 10 AM—12 PM
Cost: **Free please register on line through NRP&R**
Location: High School Tennis Courts



Wicked Cool Discover Lab

Six of our favorite science lessons wrapped up into one fun-filled program! Explore the Earth by making Mesozoic volcanoes and delve deep into the ocean to the coral reefs. Get electrified creating simple circuits and become a chemist to make rainbow slime. Each week we'll get into fun science and engineering challenges—all tried and true favorites.. **6 wk. program.**



Age: Grades 1—5
Date: Tuesdays, May 3rd—June 7th
Time: 4:00 - 5:00 PM
Cost: \$ 110.00
Location: Recreation Center at IRP

One Day Intro to Field Hockey

A short, 1 day clinic with Varsity Field Hockey Coach Mia Muzio and her N.R.H.S. players focusing on fundamental skills, player development, and fun! The players will be introduced to the basics of field hockey, ranging from stick work to shooting. The 3-hour clinic will be filled with fun games and activities.



Age: Grades 4-8
Date: Monday, June 13th
Time: 4:00-6:00 PM
Cost: \$20.00
Location: Arthur J Kenney Turf Field Complex @ NRHS

PLEASE SEE PAGE 2 FOR KARATE FOR ALL AGES.



Youth Programs Spring cont.

Shake it up Café!

Kids will have a **blast** in this course which mixes up all kinds of fun in the kitchen! Week one kids will work together to make and share a fun tear apart Nutella Star bread. Week two let's have some fun making recipes in a mug and decorating wooden spoons! Week three... are these professionals making apple rose pastries? Week four brings us to end of the rainbow parfaits! Week five is fun with dough week! Week six gets crafty again with sea glass painting and a sea glass candy!



6 week session
Ages: Grades K-5
Dates: Wednesdays, May 4th June 8th
Time: 4:00—5:00 PM
Cost: \$65.00
Location: Recreation Center at Ipswich River Park

Track & Field Program

NRHS Varsity Coach, Sotirios Pintzopoulos returns to run this popular program. Each afternoon will consist of expert instruction followed by competition. Instruction to include event rules, proper techniques, safety issues and insights into gaining the competitive edge. Daily competitions with timings and measurements. Last day the program concludes with an open competition and awards.



Age: 7-14 years (kids are grouped by age)
Date: After school, Tuesday, Wednesday, Thursday June 14th, 15th, 16th, 21st, 22nd, 23rd
Time: 3:45—5:45 PM
Cost: \$60.00
Location: Arthur J Kenney Turf field complex @ NRHS

Enrichment and Summer Programs



Spanish Fiesta

Taught by Amy St. Arnaud, Spanish teacher at NRHS. Each afternoon, we will travel to a Spanish-speaking country and learn about their customs and culture by sampling food, making crafts, playing games, reading stories, and learning songs and dances as well as watching short DVDs. We will also learn how to greet friends as well as how to say colors, numbers, animals etc. Be ready to play games and get dirty. Bring a water bottle and snack each day. Parents will get a list of resources so they can continue the fiesta at home!



Age: Entering Grades K-5
Date: M-F, August 1st-5th
Time: 1:00—4:00PM
Cost: \$120.00
Location: Recreation Center at Ipswich River Park

Wicked Cool Rocket Science

Rocket Science is a blast for any junior rocketeer! Rocket Scientists will learn about propulsion by building compressed air rockets, water rockets and rockets that blast off via chemical reaction! As aerospace engineers, we will travel to infinity and beyond while learning the laws of aerodynamics and flight. For a fantastic finish, we will launch our own customized Estes Rocket on Friday (weather permitting).



Ages: Entering grades K-5
Dates: M-F, July 25th—29th
Time: 12:30—3:30 PM
Cost: \$185.00
Location: Recreation Center at IRP

Wicked Cool Med School

Is there a doctor in the house? Future doctors will follow the progress of their own "patient" all week as we journey into the inner workings of the human body. Keep medical charts and become anatomy specialists while learning the body systems. We'll create model organs like big bones, moving joints, and working lungs for our patient. In this class, we will learn to use a stethoscope, how to take vital signs, and how to incorporate healthy habits into our lives to keep in tip top shape!



Ages: Entering grades 1-5
Dates: M-F, August 15th—19th
Time: 8:30 AM—3:30 PM
Cost: \$285.00
Location: Recreation Center at IRP

Summer Programs

Jr. Summer Golf Lessons

Kids ages 9-13 years come together with Hillview's golf pro, Chris Carter, and his staff to learn the fundamentals of golf. Everyone will have fun while learning grip, stance, set-up, swing and much more. One day of class will be played on the golf course. Clubs provided. **3 day session.**



Age: 9-13 years
Time: 9:00—11:00 AM
Cost: \$95.00
Location: Hillview Country Club

Session 1:

Date: Tuesday, Wednesday, Thursday July 12, 13, 14

Session 2:

Date: Tuesday, Wednesday, Thursday August 9, 10, 11

Cheer 4 Fun—Pee Wee & Elementary

Children will learn the fundamentals of Cheerleading and build on their current skills. Learn a basic fun routine and stunting and tumbling. Participants will have a blast **cheering alongside Football** and finish up the program when they actually cheer for i9 Flag Football program on the last night of the program!



6 week session.

Date: Tuesday, July 5th—August 9th

Session 1: Pee Wee Cheer

Ages: 4-6 years
Time: 5:30—6:15 PM
Cost: \$45.00

Session 2: Elementary Cheer

Ages: Entering grades 1-5
Time: 6:30-7:30 PM
Cost: \$54.00

Location: Arthur J Kenney Turf Field Complex @ NRHS (note on 7/19 program will be held at IRP)

Cheering is taught by N.R. resident, Nichole Fortin, a former HS and College cheerleader and has enjoyed coaching today's youth for the past 10 years in both recreational and All Star Cheerleading.

Global Premier Soccer *

GPS provides a unique program experience for players of all ages and ability levels. Whether just beginning your soccer experience on our First Touch Program or as an elite player on our School of Excellence, we have the right program for you! Register today @ www.gpsvacationprograms.com.



Session 1:

Dates: Monday—Thursday, July 18th—21st

Session 2:

Dates: Monday—Thursday, August 22nd—25th

GPS Juniors: 3-6 yrs., 9 - 11 AM, Cost: \$100.00
Technical Training: 7-14 yrs., 9 AM - 1 PM, Cost: \$140.00
Technical Training: 7-14 yrs., 9 AM - 3 PM, Cost: \$195.00

Location: Ipswich River Park

Look What I Made Summer Pottery

Look What I Made is offering pottery programs throughout the summer! We will explore and work with a variety of mediums including pottery painting, glass fusing, canvas painting and clay hand building. Each day we will complete a different project in a new medium. Some sample projects include clocks, wind chimes, bowls, plates and lots of other fun creations.



Ages: 7-12 years
Dates: Tuesday- Friday
S#1 7/5-7/8
S#2 7/12-7/15
S#3 7/19-7/22
S#4 7/26-7/29
S#5 8/2-8/5
S#6 8/9-8/12

Time: 1:30-4:30 PM

Cost: \$130.00/week (special price for Recreation customers!)

Location: Look What I Made—4 Lowell St. North Reading



Summer Fun Continued

Tennis Clinic and Match Play

Parks and Recreation tennis pro, Matt Tiberii is changing it up a little this summer! Matt is running an exciting clinic and tournament! This is a really fun week of skill development and training followed by Match play! Kids are separated by skill level and age. Prizes and awards will be given at end of week! Pee wee Tennis will be held in separate court with the assistant and will not participate in tournament play and awards. 5 day sessions.

Session 1: June 27th—July 1st
 Session 2: July 25th-29th
 Session 3: August 15th-19th
 Pee Wee Age: 4 years —entering Kindergarten
 Time: 9:00—10:30 AM
 Cost: \$65.00
 Age: entering first — entering 9th grade
 Time: 9 AM—12 PM
 Cost: \$ 140.00
 Location: North Reading High School Tennis Courts.

Benfica Soccer Clinic *

This program will reflect Benfica USA Club philosophy of creating an atmosphere that is safe, fun & challenging. This allows for some room for trial and error and decision making which will foster independent creative thinking. Each day consists of warm up, technical and tactical topic box. Small sided games, lunch break, scrimmages and cool down.
 Dates: August 1st—4th rain date August 5th

Full Day - 9 am - 4 pm (10-18 year-olds)
 Early Bird Price : \$295 *If registering after 7/15* : \$325

Half Day - 9 am - noon (9-18 year-olds)
 Early Bird Price : \$165 *If registering after 7/15* : \$195

Juniors 2.5 hour - 9 am - 11.30 am (5-8 year-olds)
 Early Bird Price: \$115 *If registering after 7/15* : \$135

Location: Ipswich River Park

Family discounts: \$20 off for each additional sibling.
Team Rates: Special rates for team registration available upon request

Register directly through Benfica @ www.BenficaUSA.org
 Price includes t shirt. Payments are non refundable
 No make up/refunds due to weather related cancellations

Challenger Sports British Soccer *

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament! The Mini-Soccer Tots will work on fundamental skill-building activities and have small sided games. The Half-Day Camp emphasizes upon individual skill development, core techniques and small sided games. The Full-Day Camp is a more advanced camp for serious players which focuses on game related techniques, tactical development and coached match play. Reg. through Challenger Sports
www.registration.challengersports.com.

Date: Session 1 July 11th—15th
 Session 2 August 15th—19th

Mini soccer
 Age: 4-6 years
 Time: Clinic 1: 9:00-10:30 AM
 Clinic 2: 10:45 AM —12:15 PM
 Cost: \$90.00

Half Day Soccer Camp
 Age: 7—14 years (grouped by age & skill level)
 Time: 9:00 AM -12:00 PM
 Cost: \$145.00

Full Day Soccer Camp
 Age: 7-14 years (grouped by age & skill level)
 Time: 9:00 AM—4:00 PM
 Cost: \$199.00
 Location: Ipswich River Park Pavilion

*Important note:

All Challenger, Benfica, NSFF, Hall of Fame RAMS, and GPS Camps require a **recent physical** submitted to either Camp Vendor or Parks and Recreation (whomever you registered through) **15 DAYS PRIOR** to the start of the program.

Children must bring snacks and/or lunch to program



We encourage residents of varying abilities, disabilities to participate in our programs. If you require an accommodation, please call the office prior to the program.



Multi Sports with NSFF *

This camp is designed for players to experience multiple sports in one week. Kids will play Soccer, Flag Football, Basketball & more. Kids learn basic techniques and teamwork. Each day will highlight a sportsmanship value for kids to focus on. Sportsmanship Awards will be presented on last day.

Date: July 25th-29th
Tot Multi
 Ages: 3.5-5 years
 Time: 9:00- 10:00 AM
 Cost: \$60.00 / Tots Multi
Elementary Multi
 Ages : 6—10 years
 Time: 9:00 AM—12:00 PM
 Cost: \$120.00
 Location: Ipswich River Park Pavilion



Night Flag Football League

Every Tuesday this summer, NRP&R & North Shore Flag Football are running a flag football league and developmental program. Flag Football is a fun, non contact game to keep your kids outside and active through the summer.

Session 1 Age: 5-9 years, boys and girls
 Time: 5:30—7:00 PM
Session 2 Age: 10-14 years, boys and girls
 Time: 7:00-8:30 PM
 Dates: Tuesday, July 5th—August 9th (6 wk. program)
 (note on 7/19 program will be held at IRP)
 Cost: \$79.00
 Location: Arthur J. Kenney Turf Field @ NRHS

Softball with RAMS *

This softball camp will focus on all aspects of the game. Our instructors include Head College Softball Coaches and the RAMS Athletic Complex staff. As always we will have a low player to coach ratio.

Ages: 7-14 years
 Date: July 18th-22nd (Monday-Friday)
 Time: 9:00 AM-12:00 PM,
 Cost: 120.00
 Location: *NRHS Fields Meet at turf complex

RAMS Sports Program *

N.R. Recreation and the R.A.C. teamed up to offer a safe, encouraging, positive environment for kids to learn how to play their favorite sports while having fun.

Dates: Session 1 — August 8th-12th
 Session 2— August 22nd-26th
 Time: 9:00 AM -12:00 PM

Mini Rams T-Ball, Kickball, Soccer and more

Age: 4-6 years
 Cost: \$120

Jr. Rams Baseball, Kickball, Soccer and more

Ages: 7-10 years
 Cost: \$120

Location: *Ipswich River Park Pavilion

***Inclement weather—All RAMS Programs will be held at RAMS programs @ Rams Athletic Complex, 23 Concord St, North Reading.**

Boy's Summer Basketball

Join us one night/week this summer for a great night of basketball. Kids will enjoy plenty of court time. Program will include some conditioning and skill work each night.

6 week session
 Age: entering 3rd and 4th grade Time: 5:30-6:45 PM
 entering 5th and 6th grade Time: 5:30-6:45 PM
 entering 7th and 8th grade Time: 6:45- 8:00 PM
 Date: **Thursdays, July 7th - August 11th**
 Cost: \$60.00
 Location: Ipswich River Park Basketball Courts
 Instructor: St John Prep coach Terrell Ivory

Field Hockey Clinic

N.R. Rec brings back N.R. H.S. Varsity Coach Mia Muzio and her N.R.H.S. players are excited to invite you to join us for four days of skill building, teamwork, good sportsmanship, and fun! This program promotes commitment, collaboration, and positive attitudes! New players are encouraged & welcome! Please be aware that every participant should have a mouth guard, shin guards and stick. We will have a limited amount of sticks available.

Age: entering 4th—entering 9th grade
 (grouped by age & skill level)
 Date: Monday , August 8th—Thursday, August 11th
 Time: 9:00 AM—12:00 PM
 Cost: \$110.00
 Location: Arthur J Kenney Turf Field @ NRHS

Hall of Fame Instructional Football Clinic *

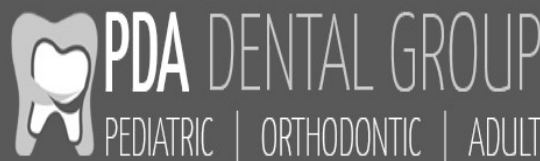
This non contact program is designed to provide expert instruction & opportunity for players to develop fundamental football skills, as well as perfect developed skills. You will leave the clinic a better football player with a better understanding of the game. Kids need *helmet only. Full time athletic trainer on site. Clinic Director: Bill Maradei, Head coach @ Austin Prep., member of Mass HS Coaches Hall of Fame, Winningest Cath. HS Football coach in Mass history,! Clinic coach staff are HS Football Coaches. Registrants must fill out Clinic App. and Med. Release through NR P&R or on line through registration process @ www.northreadingma.gov/parks-recreation

Ages: Entering grades 5-12
 Dates: M-Th. July 18th -21st
 Time: 5:00- 7:30 PM
 Cost: \$160.00 (*helmet rental \$25.00)
 Location: Arthur J. Kenney Turf Field Complex @ NRHS

Cheer 4 Fun

Children will learn some cheers, a dance and basic tumbling and stunting. The children will also decorate and make their own cheer bow. The last day children will receive a t-shirt and perform all that they have learned. High school cheerleaders to assist in the program

Ages: Entering Grades K-5
 Date: July 25th—29th
 Time: 9:00 AM—12:00 PM
 Cost: \$120.00
 Location: Ipswich River Park Pavilion



OUR DOCTORS

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 Joseph P. O'Donnell, DMD, MS
 Gary Warrington, DMD
 Geraldine C. Garcia-Rogers, DMD, MS
 Sonia J. Wu, DMD
 Nicole J. Harrington, DMD
 Matthew D. Freitas, DMD

Orthodontics
 Shannon L. Duffy, DMD
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Adult & Adolescent Dentistry
 Kimberly S. Weiss, DDS



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 Winchester, MA 01890 F: 781.729.7102

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Kid Connection

Summer 2016 Monday—Thursday

Location: Recreation Center at Ipswich River Park

5 Central Street

8:30 AM—12:30 PM

Children bring a snack and lunch daily and will enjoy lunch in the park!



Week	Dates	Theme	Description
Week one	June 27th—June 30th	Creative Kiddos	What fun to take a hike and make nature art or how about edible art! Or painting with food! Loads of artsy fun!
Week two	July 5th -July 7th	Fiesta	Hola Amigos! Enjoy this fun week with a Spanish flare. Celebrate with Maraca craft, sombrero cookies, taco magnets. Learn some basic Spanish greetings, numbers and colors. Juega con nosotros!
Week three	July 11th—July 14th	Dr. Seuss	You could not would not want to miss, a fun celebration quite like this! We know some new games and new tricks we can play, There will be new fun each and every day!
Week four	July 18th—July 21st	Minion Mania	Everyone loves Minions! Lets have some fun making minion treats and Hard hats and Mini Minion Pals, playing minion bowling and minion toss!
Week five	July 25th—July 28th	Little Scientist	So much Oozing, Bubbling, exploding fun! Kids will be amazed with fun science experiments and projects. Let's eat Molecules!
Week six	August 1st—August 4th	Construction Zone	Grab your tool belts! Kids will have a blast hammering, building and knocking down buildings! Make a city you can eat!
Week Seven	August 8th—August 11th	Under the Sea	Make Mermaid tails and shark fins, cross a shark infested sea, Make a Shark toy, Crab walk relay and Octopus toss!

Costs

\$35.00 per day

Great Discount for pre-registering for entire week in advance.
* \$125.00/week


No transfers/refunds/credits

One time Registration Fee: \$20.00 prior to June 1st
\$25.00 as of June 1st

*child must be registered by Friday prior to program to receive discounted price. Office closes at 1 pm on Fridays.



This 4-day week (Monday-Thurs) is designed for potty trained pre-schoolers through those just entering kindergarten in the fall, who are ready to try a variety of activities without parents. Enjoy our air-conditioned newly painted and carpeted Rec Center! Every week includes outdoor play, theme projects, games, kitchen time, crafts and so much more! Please send children with a snack and drink and a lunch each day. Children will picnic in the park weather permitting. Inclement weather we will lunch indoors. This program remains on site for all sessions.

- 
- Apply Sunscreen prior to program!
 - Pack Snack daily
 - Pack Lunch daily



A WHOLE LOT OF CUTENESS!



GIANT LEGO PLAY!



KITCHEN TIME !



A LITTLE DINOSAUR FUN!

A MAGICIAN CAME TO CAMP AND MADE ANIMAL BALLOONS!

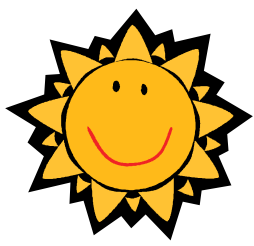


CRAFT TIME

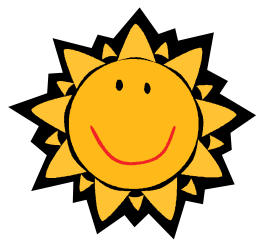


YAY! OUTDOOR TIME!

For youth entering 8th grade. Our 4-day Junior Counselor in Training program. Registrants can either apply to: **Kid Connection** toddler program Mon-Thurs. 8:30 am—12:30 pm **SummerScape** school age program Mon, Tues, Thurs, Fri, 9:00 am —3:00 pm Fees apply. (see page 6 for fees)



SummerScape 2016



Location: L.D. Batchelder School

9:00 A.M.—3:00 P.M. Monday—Friday

June 27th—August 12th * Rain or Shine *No program July 4th

Program outline!

- Every Monday is Sports Day** Mondays will offer a fun filled day of sports and opportunities to go to Ipswich River Park for some sports and playground fun!
- Every Tuesday is Theme Day** Theme day is a day of themed fun! **Dress for scheduled theme and earn a camper coin!**
 - 6/27-7/1 Week 1 Carnival Day Kids will have a blast going to different carnival stations all day long! Prizes! Treats! Wear a funny Clown accessory, paint your face, silly hat or wig, be creative!
 - 7/5-7/8 Week 2 Construction Zone Wheel barrel races, construction destruction and hammering competition are just a few events on this fun day. Wear a hard hat, tool belt, work boots or any construction gear!
 - 7/11-7/15 Week 3 Amazing Race Kids will laugh, run, compete in challenges and do some clue solving to finish this fun day of team racing! Wear your favorite sports clothes, head bands and sneakers.
 - 7/18-7/22 Week 4 Gone Country Grab your boots and hats and gear up for a day of our favorite Gold Rush game complete Staff-bank robbers, sheriffs, search for gold (camper) coins, , hay search and Cattle wrangler!
 - 7/25-7/29 Week 5 Star Wars Let the force be with you! Light saber training, asteroid search, destroy the death star and more! Get your best Star Wars outfit! Wear Princess Leia braids! Or just a Star Wars T shirt!
 - 8/1-8/5 Week 6 Super Hero Super fun day with Super Hero training obstacle course! Wear your capes or Super Hero tee shirts!
 - 8/8-8/12 Week 7 Super Stars Dress in sunglasses and movie star glam! Talent show week. Counselors will bring back some of their favorite games from the summer and we will all plan for our famous summer end talent show!
- Every Wednesday is Field Trip Day** A different trip each week! Trip and price list will be available prior to start of program.
- Every Thursday is Water Day** Wear your flip flops and bathing suits but be sure to bring change of clothes and sneakers.
- Every Friday Crazy Relay Day** Crazy Relay Day! Be ready to get messy! Tons of slimy, foamy silly fun!
- Snack bar** Granola bars, crackers, gold fish, candy, chips, fruit snacks etc, and more. Camper coins can also be used to purchase food or prizes at the snack bar.
- Camper coins are back!** **Earn them by dressing in theme every Tuesday!** Counselors will also award coins to registrants every day for good deeds or behavior! Coins will be awarded at the end of the day at circle time and can be spent at our snack/prize bar.
- What happens on a typical day at SummerScape?**
 - 9:00 AM -** kids arrive and enjoy free play stations. (playground, four square, basketball or craft)
 - 9:30 AM -2:20 PM** Participants will be divided by age groups and go to their first block of day. Each day has three blocks 1-1 1/2 hour blocks which could include crafts, science, sports and special events.
 - 10:30 -11:00 AM** Snack and free play at playground or athletic fields
 - 12:00—1:00 PM** Lunch and free play at playground or athletic fields
 - 2:15 PM** Participants get back packs, crafts and any personal items and meet at circle time and enjoy all group game, camper coins and next day announcements.

Important!

Items to remember for the day!

- Snack and Lunch
- Bug spray
- Sunscreen
- Crazy clothes for theme Tuesdays!
- Bathing suit and flip flops on Thursdays
- Earned Camper coins on Mondays and Fridays
- Wear your camper shirts on Wednesdays.



Bumblebees -Participants entering first through third grade.



Hornets -Participants entering fourth through seventh grade.



COUNSELORS IN TRAINING

Become trained and gain skills in a Recreation Summer Playground program by enrolling to be a CIT. A limited number of registrants will be allowed each week.

Kid Connection

Monday – Thursday, 8:15AM to 12:30PM

Grade (entering) 8: Junior Counselor in Training \$25/wk
Grades (entering) 9 & 10: Counselor in Training \$30/wk

Summerscape

Mon/Tue/Thur/Fri (No Field Trips) 8:45AM to 3PM

Grade (entering) 8: Junior Counselor in Training \$25/wk
Monday – Friday, 8:45AM to 3PM (includes field trips)
Grade (entering) 9 & 10: Counselor in Training \$30/wk

Registration Fee

One time/non-refundable per CIT

Prior to June 1st \$20
As of June 1st \$25

You will shadow Counselors and Directors. This is a great experience for future job applications, employment interviews or on your college applications.



Before & After Care

Extended SummerScape hours are offered to those who need this additional service. Participants must be registered *in advance* for this service and are dropped off/picked up at the program location. Participants can sign up for morning care, afternoon care or both. Before and After care is limited to SummerScape campers only.



Here's a great idea!

Going to a half day Parks and Recreation or school run program in the morning? You can still join us after for the afternoon program for just \$15.00! Child **MUST** be pre-registered to take advantage of this special offer. Transportation not provided.



The SummerScape program goes on a field trip every Wednesday unless noted. There is an additional charge above and beyond the daily fee for all field trips. Permission slips and payments are due the Monday prior to the trip. Late comers are welcome if space is available. There is no SummerScape program on site on Wednesdays.

SummerScape

PRE REGISTERED:	\$125.00/Week, \$30.00/Day
WALK IN:	\$30.00/Day (day of program office/on site) No transfers, refunds or credits
REGISTRATION FEE:	\$20.00 prior to June 1st (RF: one time/non-refundable) \$25.00 as of June 1st

Our new prices are a reflection of the increase in minimum wage in Massachusetts. We still strive to offer family friendly pricing.

Before and After Care

	<u>Before</u> (7:30-9:00AM)	<u>After</u> (3:00-5:30PM)	<u>Both</u>
Weekly	\$38.00	\$55.00	\$93.00
Daily	\$9.00	\$13.00	\$22.00

Call 978-664-6016 for **scholarship** information.
Scholarship deadline is June 1st.
Applications after that date are considered if funds are available.



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TRIPS



Wednesday, June 22nd—The Lobster bake



An adventurous day out to see Maine's beauty and magnificence! Our day begins with a bountiful Lobsterbake at the Clambake Seafood Restaurant on Pine Point in Scarborough, ME. The Clambake Restaurant sits on Maine's largest salt water marsh right beside the famous Old Orchard Beach. With our allotted time, take a nice stroll along the beach just steps away from the restaurant before your bountiful lunch. Then move onto Kennebunkport tour. Sit back and enjoy a guided tour of the quaint town of Kennebunkport where we'll explore the town's history and architecture along its main streets and back roads. See the romantic Wedding Cake House, George and Barbara Bush's Summer home and stroll and admire the lovely gardens and shrines of the Franciscan Monastery. Price: **\$89.00/pp** includes transportation, luncheon, Kennebunkport city tour. Gratuities not included.



Sunday—Monday

July 31st- August 1st

Lake George & Saratoga Springs

Join BOT on a fun filled two day adventure that combines beautiful mountain scenery of Vermont as well Lake George and Saratoga Springs. Enjoy country style accommodations at the Summit Lodge in Killington, VT. Then enjoy a wonderful cruise on Lake George along with horse races at Saratoga Springs Raceway. While at the Inn guests will enjoy a wonderful lunch and great amenities. Billy Bauer- Vermont's innkeeper of the Year will provide a Vermont Maple Cooking Demonstration with mouth watering samples. Evening activities include four course Dinner, Innkeepers Cocktail Party and evening entertainment. Day two after breakfast at the Inn we are off to Lake George, NY. Upon arrival we take a one hour scenic cruise on an authentic Paddlewheel steamboat. Next stop of the day is the historic Saratoga Race Course where we will have reserved grandstand seating on a lunch package. Plenty of time to see the horses in action or place a bet! Then home with rest stop for dinner on your own. Cost: **\$299/pp-double**, (\$319.00/pp single) includes motorcoach transportation, 1 night lodging, 4 meals, eve. Entertainment, Lake George cruise, Saratoga race.

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Saturday—Sunday July 16th-17th The Boston Red Sox vs The NY Yankees!



Depart home mid morning and make our way to NY on Saturday. Arrive at Yankee Stadium in the Bronx in time to see pre game warm ups. Enjoy all of the action from your reserved main level seats as the Red Sox take on the Yankees at 4:05 pm. After the game we head for Tarrytown NY to the Sheraton Hotel. Relax, take time to unwind and enjoy a great night of rest. Sunday Breakfast at the hotel is included and then we make our way to downtown NYC. Enjoy the very best of the Big Apple as your BOT director points out some of the great sites and then enjoy some time on your own to visit the City and all it has to offer! Museums, Memorial, Statue of Liberty, shopping etc. We will have a comfortable afternoon departure for a reasonable return time home. Price **\$269/pp-double**, \$349/pp-single



OOPS! Despite our best efforts, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.

Our Philosophy:

The philosophy of the North Reading Parks & Recreation is to down play the competitive approach to sports by instilling a positive attitude, confidence, and sportsmanship while emphasizing participation and teaching basic fundamentals. It is the goal of the North Reading Recreation Department to encourage all participants, coaches, instructors and parents to: Support and respect the coach, instructor and participants; Demonstrate what it means to play fair; Win or lose with grace and dignity; Encourage children during programs and keep comments positive; Leave coaching to the coaches; Parents must be a positive role model exhibiting sportsmanship, Refrain from yelling at your child and/or, other players by interrupting the flow of the program; That everyone has a positive and fun experience!



J. Steven Tonelli, D.M.D., P.C.
Mark G. Webster, D.D.S., P.C.
Brian J. Crowley, D.M.D.
Andrew S. Tonelli, D.M.D.

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Our Purpose is:

*To help people achieve the highest level of well-being personally appropriate for them.
To unconditionally commit to excellence in our personal and professional service.
To accomplish this with the highest degree of care, Kindness and comfort, thus enhancing the quality of your lives and our own.*

General Information

Registration Info:

Registration cannot be processed without full payment. North Reading Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, to change the date, time or location for any program because of unforeseen circumstances.

Registrations are now being accepted:

- In person at the North Reading Parks & Recreation Office
- On Line at www.northreadingma.gov/parks-recreation
- Over the phone with Master Card, Discover or Visa

Program Cancellations:

All recreation programs will be cancelled when school is cancelled, delayed or has early dismissal in the event of inclement weather, scheduled closings or early dismissals and/or late openings. Cancelled sessions will be made up by adding classes at the end of the session.

Always check emails or website on inclement weather days for cancellations prior to going to program.

A \$10 administration fee will be charged for any program or bus trip cancellation by the participant.

Refunds

All refunds are subject to a \$10.00 administration fee. Refunds are issued only in the following circumstances:

- If a program is cancelled by the Parks & Rec. Department
- On request for a medical reason and with written notification from a doctor
- There are no refunds within 7 business days prior to program start date.

Bus Trips

Due to the nature and commitment of bus contracts, a refund will be granted to only registered individuals who cancel three weeks (40 days for overnight trips) prior to the date of the trip.

Bus Trips That Involve Tickets to Shows or Performances:

Ticket purchases are non-refundable unless they can be re-sold. Bus fees will be refunded if cancellation is made three weeks prior to the date of the trip.

P & R Committee & Staff

Committee Members

Ron Kern, Chairperson
Billie Luker, Vice Chairperson
Rita Mullin, Clerk
Sergio Coviello, Patricia Fillmore,
Mike Fitzpatrick

Staff

Lynne Clemens, Recreation Director
Maria Brown, Recreation programmer/Summer Director
Maureen Stevens, Operations Director/Dept. Head
Marty Tilton, Parks Director
Sheila Sturdevant, Office Secretary
Chris Deming, Parks Foreman
Mike Marciano, Parks Equipment operator
Rich Giordano, Parks Maintenance
Instructors: Nancy Ursino, Kerri Shaw, Mike Gallini



WATCH FOR THE LUC FARMERS MARKET ON WEDNESDAY NIGHTS THIS SUMMER AT IPSWICH RIVER PARK

2/25A/16

North Reading Parks & Recreation 2016 Summer Concert & BBQ Series

Ipswich River Park-Gazebo
15 Central Street, North Reading
Wednesdays
July 6th thru August 10th
BBQ begins at 5:00 P.M.



EXCLUSIVE CHILDREN'S ENTERTAINMENT SPONSOR

Date	Children's Performer	Band Performer
Special Events	<i>Sponsored By:</i>	<i>Sponsored By:</i>
7/6/16	Curious Creatures Live Animal Show	The Swamptones New Orleans R & B
Farmer's Market	Reading Co-operative Bank	HONDA GALLERY
7/13/16	Rick Goldin Puppets Puppet Show	Full Turn Band Top 40 Rock/Country
Farmer's Market	Reading Co-operative Bank	Park Street Vet/Grooming Unlimited
7/20/16	Piazza Frisbee Dogs Frisbee Catching Dog Show	Cool Change Band Classic Music from 60's to Now
Farmer's Market	Reading Co-operative Bank	Geri Farrelly, Farrelly Realty Group
7/27/16	Magic by George Magic Show	Annie Probst Band Country Music
North Reading School of Ballet Farmer's Market	Reading Co-operative Bank	CLASSIFIED REALTY GROUP
8/3/16	Henry the Juggler Juggling & Magic	Overdrive Rhythm/Horns/Blues
Farmer's Market	Reading Co-operative Bank	WINGATE HEALTHCARE
8/10/16	Karen K & The Jitterbugs Parent Choice Award Winning Music	Perfect Crime Classic Rock
Farmer's Market	Reading Co-operative Bank	PDA DENTAL GROUP

Senior bus transportation sponsored by: LUKE ROY of LTR ENGINEERING

There is a \$3.00 per car event fee to support Ipswich River Park
Good Food, Ice Cream, Music, Dancing, Raffles, Friends & Fun.
~ Bring a comfy chair or blanket ~
www.northreadingma.gov/parks-recreation



DISCOUNT TICKETS



- ◆ Showcase Cinemas, \$9.00.
- ◆ Six Flags \$39.00
(savings of \$12.99/child, \$22.99/adult)
- ◆ Water Country. \$33.00 adult tix only
(savings of \$6.99/pp)
- ◆ Canobie Lake Park. \$33.00.
(savings of \$5.00)

Call Recreation @ 664-6016 or go online
www.northreadingma.gov/recreation for full details.



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